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3 **Methods**

4 Martin collected samples from outcrops of Lesser and Greater Himalayan rocks across
5 the center portion of the Annapurna Range (Fig. 2). For samples from the Modi and Madi river
6 valleys, thin sections were cut perpendicular to foliation and parallel to lineation if present. We
7 did not make thin sections from the samples from the Seti and Nayu ridge transects. Micas from
8 samples 502067 and 406042 were analyzed at the University of Alaska Fairbanks
9 Geochronology Facility. Muscovite from the remaining samples was processed at the University
10 of Houston and analyzed at the New Mexico Geochronology Research Laboratory at the New
11 Mexico Institute of Mining and Technology.

12 The micas analyzed from the Modi Khola transect were found to be muscovite and biotite
13 by Martin et al. (2010) and Corrie and Kohn (2011). Because non-muscovite white mica is rare
14 in Unit I and Unit III Greater Himalayan rocks in the Annapurna Range (Vannay and Hodges,
15 1996; Catlos et al., 2001; Martin et al., 2010; Corrie and Kohn, 2011), for convenience we use
16 the term “muscovite” for all analyzed white mica from all samples.

17
18 *All samples except 502067 and 406042*

19 Each sample was crushed and muscovite was separated using standard dense liquid,
20 magnetic, and hand picking techniques at the University of Houston. Analyzed muscovite grains
21 passed through a 60 mesh (250 μm) sieve but were retained in an 80 mesh (177 μm) sieve. For
22 convenience, in the main text we refer to this grain size as approximately 200 μm . Our samples
23 were separated, irradiated, and analyzed as part of a batch that included the samples discussed in
24 Robinson et al. (2006). Multiple grains comprised the aliquots for all samples; the mass of each
25 aliquot was 4-10 mg. Muscovite separates were loaded into aluminum disks and irradiated for
26 nine hours in the D-3 position in the 1 MW reactor at the Nuclear Science Center at Texas A&M
27 University in College Station, Texas, USA (NM-174). Grains of Fish Canyon Tuff sanidine
28 (FC-2) with an assigned age of 28.02 Ma (Renne et al., 1998) were included with the unknowns
29 to monitor neutron flux. The irradiation parameter (J) for each sample was determined to a
30 precision of 0.3% (1-sigma) by carbon dioxide laser fusion of six single sanidine crystals from
31 each of six radial positions around the sample tray. Shards of K-glass and CaF_2 were used to

32 measure correction factors for interfering nuclear reactions. These factors were: ($^{40}\text{Ar}/^{39}\text{Ar}$)_K = 0
33 \pm 0.0004, ($^{36}\text{Ar}/^{37}\text{Ar}$)_{Ca} = 0.00028 \pm 0.00001, and ($^{39}\text{Ar}/^{37}\text{Ar}$)_{Ca} = 0.00070 \pm 0.00005.

34 During analysis at the New Mexico Institute of Mining and Technology, each sample was
35 heated in a molybdenum resistance furnace with a temperature precision of 5 °C (Sanders et al.,
36 2006). Reactive gases were removed during a nine-minute heating period with an SAES GP-50
37 getter operated at about 450 °C. Isotopic ratios were measured on line with a Mass Analyzer
38 Products 215-50 mass spectrometer equipped with an automated all-metal extraction system.
39 The mean electron multiplier sensitivity was 2.80 x 10⁻¹⁶ moles/pA and total system blank plus
40 background was 360, 1.5, 0.28, 0.015, and 1.2 x 10⁻¹⁷ moles for masses 40, 39, 38, 37, and 36,
41 respectively. The one mass unit discrimination value was 1.0037 \pm 0.0005 (1-sigma). Following
42 heating, five minutes of cleanup removed residual gas prior to heating the next sample. This
43 cleanup step used two SAES GP-50 getters, one at about 450 °C and the other at 20 °C. The
44 integrated age is the age given by the total gas measured and is equivalent to a potassium/argon
45 (K/Ar) age.

46

47 *Samples 502067 and 406042*

48 Samples 502067 and 406042 were crushed and sieved by hand at the University of
49 Alaska Fairbanks geochronology facility. To preserve natural grain sizes, we first crushed the
50 sample via gentle hammering in a stainless steel crucible, then we gently sieved the crushate.
51 We separated micas following standard techniques. Three mica fractions were produced from
52 each sample: muscovite that passed a 60 but not a 100 mesh (250-150 μm) sieve, muscovite that
53 passed an 18 but not a 32 mesh (1000-500 μm) sieve, and biotite that passed a 60 but not a 100
54 mesh (250-150 μm) sieve. For convenience when discussing these size fractions we refer to
55 them as approximately 200 and 750 μm . Each muscovite grain was picked by hand under a
56 stereo-microscope to avoid biotite inclusions; further, the two approximately 200 μm aliquots
57 were run through a Frantz magnetic separator at 1.1 amps numerous times to remove grains with
58 biotite inclusions.

59 Each of the analyzed mica aliquots consisted of many grains (cumulatively about 0.1 mg
60 per aliquot analyzed) except the approximately 750 μm muscovite separate from each sample;
61 single, approximately 0.1 mg muscovite crystals were analyzed for these two aliquots. All six
62 mica separates were wrapped in aluminum foil and loaded into aluminum cans with diameter 2.5

63 cm and height 6 cm. Then the samples were irradiated in position 5c of the uranium enriched
64 research reactor of McMaster University in Hamilton, Ontario, Canada for 20 megawatt-hours.
65 Neutron fluence was monitored using the mineral MMhb-1 (Samson and Alexander, 1987) with
66 an age of 513.9 Ma (Lanphere and Dalrymple, 2000) for sample 502067 whereas the monitor
67 mineral TCR-2 with an age of 27.87 Ma was used for sample 406042. TCR-2 sanidine is from
68 the Taylor Creek Rhyolite (Duffield and Dalrymple, 1990). This monitor is a secondary standard
69 calibrated against the primary intralaboratory standard, SB-3, with an age of 162.9 Ma (Lanphere
70 and Dalrymple, 2000).

71 Upon their return from the reactor, the samples and monitors were loaded into 2 mm
72 diameter holes in a copper tray that was then loaded in an ultra-high vacuum extraction line. The
73 monitors were fused, and samples heated, using a 6-watt argon-ion laser following the technique
74 described in York et al. (1981), Layer et al. (1987) and Layer (2000). Argon purification was
75 achieved using a liquid nitrogen cold trap and a SAES Zr-Al getter at 400 °C. The samples were
76 analyzed in a VG-3600 mass spectrometer at the Geophysical Institute, University of Alaska
77 Fairbanks (Benowitz et al., 2013). The argon isotopes measured were corrected for system blank
78 and mass discrimination, as well as calcium, potassium and chlorine interference reactions
79 following procedures outlined in McDougall and Harrison (1999). Typical full-system 8 min
80 laser blank values were generally 2×10^{-16} mol ^{40}Ar , 3×10^{-18} mol ^{39}Ar , 9×10^{-18} mol ^{38}Ar , and 2×10^{-18}
81 mol ^{36}Ar , which are 10–50 times smaller than the sample/standard volume fractions.
82 Correction factors for nucleogenic interferences during irradiation were determined from
83 irradiated CaF_2 and K_2SO_4 as follows: $(^{39}\text{Ar}/^{37}\text{Ar})_{\text{Ca}} = 7.06 \times 10^{24}$, $(^{36}\text{Ar}/^{37}\text{Ar})_{\text{Ca}} = 2.79 \times 10^{24}$ and
84 $(^{40}\text{Ar}/^{39}\text{Ar})_{\text{K}} = 0.0297$. Mass discrimination was monitored by running calibrated air shots. The
85 University of Alaska Fairbanks VG3600 has a positive bias toward measuring lighter isotopes.
86 The one mass unit discrimination value was 0.9842 ± 0.0012 (1-sigma). While doing our
87 experiments, calibration measurements were made on a weekly to monthly basis to check for
88 changes in mass discrimination with no significant variation seen during these intervals.

89 The $^{40}\text{Ar}/^{39}\text{Ar}$ results are given in Table S1, with all uncertainties quoted at the ± 1 sigma
90 level. Ages were calculated using the constants of Steiger and Jaeger (1977). The integrated age
91 is the age given by the total gas measured and is equivalent to a potassium-argon (K/Ar) age.

92

93 **Muscovite grain sizes observed in thin sections**

94 *Sample 502056:* Muscovite and especially biotite define the foliation in this sample; many
95 muscovite grains cut across the foliation (Fig. S1A). In some areas of the thin section, several
96 crosscutting muscovite grains each have different orientations. The lengths of the crosscutting
97 muscovite grains range from less than 100 μm to 240 μm .

98

99 *Sample 502050:* Biotite and muscovite define the foliation in this sample. Muscovite grains
100 parallel to foliation have lengths of 100 μm to 5 mm; most muscovite crystals follow foliation.
101 The very few muscovite crystals that unambiguously cut across foliation have lengths from 20 to
102 150 μm .

103

104 *Sample 502067:* Muscovite and biotite define the foliation in this sample. Most muscovite
105 crystals are parallel to foliation; these grains have lengths of 100 μm to 2 mm (Fig. S1B).
106 Rarely, the external shapes of muscovite grains cut across foliation; the lengths of these grains
107 range from 200 to 700 μm . However, the internal cleavage in nearly all such grains appears
108 crenulated, and in some cases the muscovite grain edges match these crenulations. The axial
109 surfaces of these micro-folds are sub-parallel to the main foliation in the sample. We conclude
110 that the formation of foliation in this rock deformed these grains. Finally, there are aggregates of
111 muscovite composed of individual grains 20 to 60 μm long (arrows in Fig. S1B). These
112 individual grains have a wide range of orientations and very few are sub-parallel to the foliation.
113 In some cases the aggregates of fine muscovite are spatially associated with chlorite.

114

115 *Sample 406042:* Muscovite and biotite define the foliation in this sample. The vast majority of
116 the muscovite grains are parallel to foliation; the lengths of these muscovites range from 100 μm
117 to 3 mm (Fig. S1C). All except one of the muscovite grains that unambiguously cut across the
118 foliation have lengths that range from 30 to 100 μm . The one exception is 140 μm long.

119

120 *Sample 502071:* Biotite and especially muscovite define the foliation in this sample. Most
121 muscovite crystals are parallel to foliation; these grains are 100 μm to 5 mm long. There are also
122 rare, up to 330 μm -long muscovite grains that cut across foliation and reacted with neighboring
123 foliation-defining biotite and muscovite grains. Finally, unambiguously cross-cutting muscovite
124 grains that did not obviously react with neighboring grains are rare and measure 40-190 μm long.

125

126 *Sample 502079:* Muscovite defines the foliation in this sample. The vast majority of muscovite
127 crystals are parallel to the foliation; these grains have lengths of 50 to 500 μm . Muscovite grains
128 that unambiguously cut across the foliation are 40 to 110 μm long; such grains are rare.

129

130 *Sample 502121:* Muscovite and especially biotite define the foliation in this sample. Muscovite
131 grains parallel to the foliation are 100 μm to 1 mm long; these grains comprise the vast majority
132 of muscovite in the sample. Rare muscovite crystals unambiguously cut across the foliation;
133 these grains have lengths of 50 to 300 μm .

134

135 *Sample 502127:* Muscovite and biotite define the foliation in this sample. Most muscovite
136 grains are parallel to the foliation; these grains have lengths of 100 μm to 2 mm. Rare muscovite
137 crystals unambiguously cut across foliation; these grains are 50 to 150 μm long.

138

139 *Sample 502132:* Muscovite and biotite define the foliation in this sample. Most muscovite
140 grains are parallel to the foliation; these grains are 100 μm to 2 mm long. Muscovite crystals that
141 unambiguously cut across the foliation are very rare and range from 100 to 170 μm long.

142

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170

171 **Supplemental figure captions**

172 *Figure S1.* Photomicrographs in cross-polarized light of thin sections from Modi valley samples
173 (A) 502056, (B) 502067 and (C) 406042. In all images the main foliation is oriented east-west.
174 In A, a 240- μm long muscovite grain cuts across the foliation whereas other muscovite grains are
175 parallel to the foliation. In B, 100- to 1000- μm long muscovite grains define the foliation, along
176 with biotite. The arrows point to aggregates of muscovite grains that are not parallel to foliation.
177 These grains have lengths of 20 to 60 μm . In C, the white arrow points to a 30- μm long
178 muscovite grain that cuts across the foliation and the red arrow points to a 100- μm long
179 intergrowth of biotite and muscovite that also cuts across the foliation. Muscovite grains larger
180 than 140 μm invariably are parallel to the foliation. Mineral abbreviations: bt-biotite, kfs-
181 potassium feldspar, ky-kyanite, ms-muscovite, pl-plagioclase feldspar, q-quartz.

182

183 *Figures S2-S19.* Plots showing $^{40}\text{Ar}/^{39}\text{Ar}$, Ca/K, and Cl/K data from the micas analyzed in this
184 study.